# Wellness Council Meeting Minutes Tuesday, November 28, 2023 Anne Arundel County Public Schools TEAMS Meeting

#### Attendees:

Jodi Rise	Christiana Walsh	Contacia Hyatt-Coe
Haydee Traver	Alexis McKay	Amy Baer
Amy Falls	Angela Hopkins	Bernadette Martin
Carrie Foye	Cathy Steen	Cynthia Bischoff
Cynthia Smith	Jayne Hudson	Jennifer Lombardi
JoAnn Escobosa	Jocelyn Potts	Kathryn Feuerherd
Kim Winterbottom	Lisa Pitt	Mary Kay Connerton
Maureen Grizio	Melanie Parker	Monique Jacson
Rachel Kennelly	Ryan Voegtlin	Shirlette Boysaw
Shirley Jackson-Avery	Stacey Pellegrin	Stacey Mazcko
Temi Oshiyoye	Tracey Ahern	Vicky Cosby
Aleena Malik	Kelly Koorey	April Aviles
Jon Berber	Michelle Boone	Deanna Natarian

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Welcome, Introductions Ms. Monique Jackson

Review Agenda Ms. Jodi Risse

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### **School Wellness Highlights**

<u>High School Highlights</u>

Ms. Rachel Kennelly

Middle School Highlights

Ms. Kimberly Winterbottom

Elementary Highlights Ms. Alexis McKay

<u>Developmental Centers Highlights</u>

Ms. Jayne Hudson

Early Education Centers Highlights Ms. Shirlette Boysaw

<u>Ferndale Early Education Center</u>
<u>West Meade Early Education Center</u>
Carrie Weedon Early Education Center

Council Announcements Council Members

- Special welcome to our student representative Aleena Malike from Crofton High School.
- April Aviles introduced herself to the council for her first meeting as Deputy Director of the Office of Equity & Human Rights.
- o Wellness Event for the Meade cluster December 9, 2023.
- O Maryland State School Health Council meeting AACPS (Anne Arundel County Public Schools) highlighted the wonderful work they are doing with the Wellness Council. Council Members, Jodi Risse and Christiana Walsh were invited to speak and shared the tools being used in AACPS to other Maryland counties. They shared wellness policies and regulations being used within Anne Arundel Public Schools.

# **Professional Development**

Ms. Jodi Risse & Ms. Christiana Walsh

Triennial Assessment Report

- Triennial Assessment Report Review A triennial assessment is a federal regulation that takes
  place every 3 years. All schools providing breakfast and lunch to students are required to
  participate. This assessment is used to collect data for wellness goals in the state.
- A recent principals' meeting offered professional development to provide more opportunities for collaboration and work on their school's assessment.
- Monique Jackson, Deputy Superintendent with Anne Arundel County Schools is aiming for 100% participation.
- Wellness Goals data will be returned in April of 2024.

#### **Brain Boost**

Ms. JoAnne Escobosa & Ms. Bernadette Martin

**Health Services** 

## **Subcommittee Updates**

Ms. Carrie Foye & Ms. Stacey Mazcko

Nutrition Environment & Services

- o Shared goals and activities for this school year with the Wellness Council.
  - Increase the transparency and acceptability of foods being served to students with food allergies, preferences and texture modified diets while in the school environment.
  - Promote a Healthy Food Environment.
- o Requested feedback from Wellness Council on goals and objectives.
- o Requested volunteers for Puree Recipe taste testers for February 20th at Ruth Parker Eason

### Feedback/Next Steps

Council Members

**CLOSE** 

Next Meeting: Tuesday, January 16, 2023 Teams Meeting 2:00-4:00 p.m.